



**FOR IMMEDIATE RELEASE**

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**LOCAL BUSINESSES TEAM UP TO SUPPORT EARTH DAY  
AND THE FIGHT AGAINST BREAST CANCER**

Three Hamilton businesses, *Organized Assistant*, *Body & Sol* and *Handy to Have Around* have teamed up to make it possible for local residents to clear their clutter in an environmentally friendly way, by holding an Earth Day Garage Sale. The Garage Sale will take place at Body & Sol, 4-1024 Upper Wentworth Street, Hamilton, Ontario, on Earth Day, Saturday, April 22, 2006.

Those wishing to donate goods may call Body & Sol at 905-574-4192 to arrange a time to drop off their donations, or Handy to Have Around at 905-975-2836 to arrange for free pick-up. All proceeds from the Garage Sale will go towards helping Kathy King of Body & Sol raise funds in support of The Weekend to End Breast Cancer walk. Kathy will walk 60 kilometers over two days, and has set a personal fundraising goal of \$2000.

Janet Barclay, owner of Organized Assistant has announced that, "From April 1<sup>st</sup> to 21<sup>st</sup>, 10% of all income from professional organizing services performed by Organized Assistant will go towards Body & Sol's fundraising efforts, and goods to be donated will be removed at no extra charge".

For more information on how professional organizing services may be of benefit to you and allow you to help a worthwhile cause at the same time, visit [www.organizedassistant.com](http://www.organizedassistant.com) or contact Janet Barclay directly.